

Visual communication: design, arts practice, advocacy, research, and co-design pedagogy within the research and educational field, cultural milieu, and the development sector.

Design for social change (DFSC)

Practice is egalitarian, dialogic, and collaborative in nature, uses participatory action research, “Co-designly Practice” (CDLY P) and is about raising awareness and agency through heuristic, visual communication. I work with universities, schools, the UN, UN-affiliated international aid agencies, and non-governmental organisations (NGOs).

Practice-based doctoral research:

Exploring how visual communication can be better utilised to support embodied menstrual awareness. Developing a “Co-Designly Practice” (CDLY P) toolkit using art-design praxis as lens and prism for menstrual pedagogy in UK Secondary schools.

Ethically, it is important to respect menstruating adolescents’ rights of access to knowledge and awareness about their own reproductive physiology. Research is intended to support notions of embodied cognition, a hermeneutically phenomenological, ‘as lived’ understanding of menstrual physiology and has the potential to encourage self-care and long-term reproductive health (RH) engagement.

(Intended for use in the Physical, Social, Health, and Economic (PSHE) Education, Relationships and Sex Education (RSE) programme as part of the UK, Department of Education, National Curriculum. Designed to be scaling-up, potentially for organisations such as The World Health Organisation, The UN’s Comprehensive Sexuality Education Programme (CSE), The WASH: Water, Sanitation and Hygiene Programme, The Menstrual Hygiene Management (MHM) Programme, and possibly NGO aid agencies – in further addressing **unmet** adolescent rights to menstrual awareness and RH advocacy.)

Teaching, community engagement, and outreach

Six years of frontline teaching and practice-based research into “CDLY P” within the National Curriculum at a Primary school. (Researching, developing, testing, and iterating CDLY P *with* children: Early Years – Reception and Key Stage 1, (2 and 3). Our Lower School CDLY P project just won The Fourth Plinth Schools Award, 2020. And our CDLY P research projects were positively assessed by Ofsted in 2020.

Previously, I was a full-time Lecturer, then Tenured Professor at The School of Visual Arts in New York. As core faculty in the field of visual communication for almost ten years; I taught design research methodology; visual communication, design and arts practice; visual, perceptual psychology; critical theory; and art history in the undergraduate, graduate, and postgraduate programmes, and Independent Study, evening, and summer programmes.

Brightness, design, and arts practice

Print, web, exhibit/installation, filmmaking, art, design and writing for organisations such as UNFPA; RHIYA (the Reproductive Health Initiative for Youth in Asia); UNICEF; The Municipal Arts Society and the Landmarks Preservation Conservancy; Snug Harbor Cultural Center; PAX, SPEAK-UP, and ASK (gun violence school programmes); the Dept. for Environmental Protection; the AIGA (the American Institute of Graphic Arts); Reos; and CDKN (Climate and Development Knowledge Network), etc., amongst many other not for profit, NGO’s, and international aid agencies.

Awards: D&AD Award, Cooper Hewitt National Design Award, AIGA Award, and ID Magazine Award. Group shows include the ARB, Centre for Research in the Arts, Social Sciences, and Humanities at Cambridge University, Cooper Hewitt Museum, the AIGA, Dia Center for the Arts, the New Museum, and SVA, plus numerous academic events and symposia.

I am also an artist photographer, sculptor, and EU certified French translator. (With an updating UK Gov, Disclosure and Barring Service (DBS) and updated certificates in: Safeguarding Children, Care Act 1 and 2; Keeping Children Safe in Education; Seen and Heard; Female Genital Mutilation: Recognising and Preventing FGM V4; Awareness of Forced Marriage; Data Protection Law, Definitions and Principles (GDPR); Online Safety – Risks to Children, Risks for Parents and Carers; Gangs and Youth Violence; and Prevent Duty.) I have Centre for Learning & Teaching in Art and Design (CLTAD) certification and a Teaching and Learning Exchange, Academic Practice Provision (APP), in addition to continuously updating, DfE Covid protocols.